

Curriculum Vitae

Kira Hudson Banks, Ph.D.

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Illinois Wesleyan University
Associate Professor
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Education

University of Michigan, Ann Arbor, MI: Doctoral Degree Program in Clinical Psychology,
June 2004.

Dissertation Title: "Racial Identity and the Association Between Racial Discrimination
and Depressive Symptoms."

University of Michigan, Ann Arbor, MI: Masters of Arts in Clinical Psychology, May 2002.

Thesis Title: "An Examination of the African American Experience of Everyday
Discrimination and Psychological Distress."

Mount Holyoke College, South Hadley, MA: Bachelor of Arts, Magna Cum Laude, May, 2000.

Honors Thesis Title: "The Experience of Black Women in Higher Education at a
Historically Black and Predominantly White Institution."

Professional Positions

Department of Psychology, Illinois Wesleyan University, August 2004- present.

Professional Affiliations

American Psychological Association
Association Psychological Science

Academic and Professional Honors and Awards

Faculty for the 21st Century, Project Kaleidoscope, 2007

Junior Faculty Leave, Illinois Wesleyan University, 2007

Phi Kappa Phi, 2007

Athena Award, McLean County Chamber of Commerce, 2006

20 Community Leaders Under 40, Pantagraph, 2006

Nelson Mandela Award, Illinois Wesleyan University Student Senate, 2006

Jeffrey S. Tanaka Memorial Dissertation Award in Psychology Honorable Mention,
American Psychological Association Committee on Ethnic Minority Affairs, 2005

Marquis and Rackham Distinguished Dissertation Award, Clinical Area Nominee, 2004

Ford Foundation Pre-Doctoral Fellowship, September 2001- August 2004

Phi Beta Kappa, 2000

Rotary International, Cultural Ambassadorial Scholar (West African District) 2000

Funded Grants

Teagle High Impact Pedagogical Practices Pilot Grant 2010

Artistic and Scholarly Development Grant, Illinois Wesleyan University (\$5,500) 2010

Artistic and Scholarly Development Grant, Illinois Wesleyan University (\$3,053) 2008
National Science Foundation, Dissemination Grant, Gaining Options Girls Investigate Real Life Urban Partnerships (\$10,000) 2006
Artistic and Scholarly Development Grant, Illinois Wesleyan University (\$2,666) 2006
Artistic and Scholarly Development Grant, Illinois Wesleyan University (\$2,666) 2005
Curriculum Development Grant, Illinois Wesleyan University (\$2,000) 2004
Psychology Department Thesis/Dissertation Grant, (\$2,500) 2003
Weed Ford-Mellon Research Award, (\$2,500) 1998

Peer-Reviewed Articles

- Kohn-Wood, L., **Banks, K. H.**, Lee, D., Ivey, A. (revised and resubmitted). Assessing Differences in Depressive Symptoms between Black and White Americans. *Journal of Multicultural Counseling and Development*.
- Banks, K. H.** (2010). A Qualitative Investigation of Mentor Experiences in a Service-Learning Course. *Educational Horizons*, 89(1), 68-79.
- Banks, K. H.** (2010). African American College Students' Experience of Racial Discrimination and the Role of College Hassles. *Journal of College Student Development*, 51(1), 23-34.
- Banks, K. H.** (2009). A Qualitative Investigation of White Students' Perception of Diversity. *Journal of Diversity in Higher Education*, 2(3), 149-155.
- Banks, K. H.**, Kohn-Wood, L., Singleton, J. (2008). The influence of hope on the relationship between racial discrimination and depressive symptoms. *Journal of Multicultural Counseling and Development*, 36(4), 231-244.
- Banks, K. H.**, Kohn-Wood, L. (2007). The Influence of Racial Identity Profiles on the Relationship Between Racial Discrimination and Depressive Symptoms. *Journal of Black Psychology*, 33(3), 331-354.
- Chang, E. C., & **Banks, K. H.** (2007). The color and texture of hope: Some preliminary findings and implications for how theory and counseling among diverse ethnic groups. *Cultural Diversity and Ethnic Minority Psychology*, 13(2), 94-103.
- Banks, K. H.**, Kohn-Wood, L., Spencer, M. (2006). An examination of the African American experience of everyday discrimination and psychological distress. *Community Mental Health Journal*, 42(6), 555-570. Impact Factor 1.323
- Hammond, W. P., **Banks, K. H.**, Mattis, J. S. (2006). Correlates of African American Men's Willingness to Forgive Racially Discriminatory Transgressions. *Sex Roles*, 55(9-10), 679-692 .
- Chang, E. C., Watkins, A. F, & **Banks, K. H.** (2004) How adaptive and maladaptive perfectionism relate to positive and negative psychological functioning: Testing a stress-mediation model in Black and White female college students. *Journal of Counseling Psychology*, 51(1), 93-102.
- Kohn, L. P., & **Hudson, K. M.** (2002). Gender, ethnicity and depression: Intersectionality in mental health research with African American women. *African American Research Perspectives*, 8(1), 174-200.

Book Chapters

- Alcantára, C., **Banks, K. H.**, Haynes, T., Graham, E. T., Winborne, K., & Kohn-Wood, L. P. (2008). Diversity Issues in Clinical Psychology. In D. C. S. Richard & S. K. Huprich (Eds.), *Clinical Psychology: Assessment, Treatment, and Research*.
- Reid, P.T., Cooper, S. M, & **Banks, K. H.** (2008). Girl to woman: Theories, research, and issues. In F. Denmark & M. Paludi (Eds.), *Handbook of Psychology of Women*.

Teaching Experience

Assistant Professor, Illinois Wesleyan University, First Year Gateway Colloquium:

Understanding Race, Fall 2004-present

Assistant Professor, Illinois Wesleyan University, Abnormal Psychology, Fall 2004-present

Assistant Professor, Illinois Wesleyan University, Psychology of Racism, Spring 2005-Spring 2009

Assistant Professor, Illinois Wesleyan University, Psychology Senior Thesis Seminar Fall 2005-Spring 2006

Assistant Professor, Illinois Wesleyan University, Middle School Girls and Social Science, Spring 2006, May Term 2008

Assistant Professor, Illinois Wesleyan University, Insanity and Humanity: Depictions of Mental Illness in Popular Media Spring 2005

Graduate Student Instructor, University of Michigan, Introduction to Psychopathology, Winter 2003.

Graduate Student Instructor, University of Michigan, Advanced Lab in Psychopathology: Research Methods, Fall 2002.

Mentor/Facilitator, University of Michigan, Using Math Girls Investigate Real Life (UM-GIRL) Summer 2002.

Teaching Assistant, Mount Holyoke College, Psychology of Racism, Fall 1999.

Teaching Assistant, Madison County Urban League, US Department of Education 21st Century Community Learning Centers Grant, Summer 1999.

Mentor/Facilitator, Emory Medical School, Summer Science Discovery Camp, Summer 1998.

Instructor/Facilitator, Mount Holyoke College, Carnegie Corporation Grant: Improving Interethnic Relations Among Youth, Spring 1997-Spring 1998.

Presentations

Banks, K. H., Burke, M. A. (October, 2010) *Evaluating a Pre-Orientation Program to Engage White Students in Campus Diversity*. Paper presented at the Diversity Challenge Conference at Boston College, Institute for the Study and Promotion of Race and Culture.

Banks, K. H. (April, 2009) *GO-GIRL Program and Mentoring Implications at Illinois Wesleyan University*. Paper presented at the American Education Research Association Annual Conference, San Diego, CA.

Banks, K. H., (August, 2008) *White Students' Perceptions of Diversity and Their Role in its Success*. Poster Presented at the annual meeting of the American Psychological Association Annual Conference, Boston, MA.

Davis-Kahl, S., **Banks, K. H.** (June, 2007) *Analyzing the Dynamics of Race with Information and Virtual Literacy*. Poster presented virtually at the American Library Association Annual Conference, Washington, D.C.

Banks, K. H. (March, 2006) *The Influence of Hope on the Relationship Between Racial Discrimination and Depressive Symptoms*. Paper presented at the Society for Research on Adolescence Biannual Conference, San Francisco, CA.

Banks, K. H., Moorman, A. S. (January, 2006) *Adjustment, service utilization, and experience of first year and transfer students at Illinois Wesleyan University*. Poster presented at the National Association of Student Personnel Administrators Annual Conference, Los Angeles, CA.

Chen, C., Kohn-Wood, L., **Banks, K. H.** (February, 2005) *Social Support as a Predictor of Help Seeking*. Poster presented at the 2nd Annual Emerging Adulthood Conference, Miami, FL.

Banks, K. H. (July 2004) *Racial Identity and the Association Between Racial Discrimination*

- and Depressive Symptoms*. Paper presented at the Black Graduate Conference for Psychology, University of Michigan, Ann Arbor, MI.
- Baez, T., **Banks, K. H.** (February 2004) *Mentoring Across Cultural Differences: Supervision Strategies in the Multicultural Triad*. Workshop presented at the annual meeting of the Big Ten Counseling Centers, Purdue University, Lafayette, IN.
- Banks, K. H.**, & Kohn-Wood, L. P. (August 2003) *The Influence of Everyday Discrimination and Hope on African American College Students*. Paper Presented at the annual meeting of the American Psychological Association Annual Conference, Toronto, Canada.
- Kohn-Wood, L., & **Banks, K.H.**, Hudson, G. (June 2003) *Diversity and Understanding Distress*. Paper Presented at biennial meeting of the Society for Community Research and Action, LasVegas, NM.
- Banks, K. H.**, & Chang, E. C. (May 2003) *The Color and Texture of Hope: Preliminary Findings and Implications for Hope Theory and Counseling Among Diverse Groups*. Poster presented at the annual meeting of the American Psychological Society, Atlanta, GA.
- Hudson, G., **Banks, K. H.**, Kohn-Wood, L. P., & Graham-Bermann, S. (April 2003) *Racial Socialization Among Parents of Pre-schoolers*. Poster presented at the biennial meeting of the Society for Research on Child Development, Tampa, FL.
- Banks, K. H.** *An Examination of the African American Experience of Everyday Discrimination and Psychological Distress*. (August 2002) Paper presented at the annual meeting of the Association of Black Psychologists Annual Conference, San Diego, CA.
- Hudson, K. M.** *Black Women in Higher Education*. (August 2001) Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Invited Talks/Lectures/Facilitation

- Banks, K. H.**, Burke, M. A. (September, 2010) Engaging Diversity: A Pre-Orientation Program. Invited to present results from pre-orientation program to the campus community.
- Banks, K. H.** (March, 2010) Diversity Means..... Invited to present paper and facilitate conversation at the White Privilege Conference at Augustana College,
- Banks, K. H.** (July, 2008, April 2008). Examining Race and its Place in the Classroom. Invited to present to and facilitate a discussion with Unit 5 teachers involved in Professional Development Academy.
- Narum, J., Wall, N. Gentile, J., **Banks, K. H.**, Ekey, B., Halsell, S., Haushalter, K., Kirchhoff, M., Levandowski, M., McCormack, L. (June, 2008). The Early Career Faculty Experience. Invited to facilitate discussions on how to prepare early-career and future STEM faculty to be successful and how to align training with hiring institutions' expectations.
- Banks, K. H.** (January 2008). Environmental Racism and Climate Change. Invited to be a part of a campus panel, which was part of a national campaign to address climate change.
- Banks, K. H.**, Moorman, A. M. (February 2006). Adjustment, service utilization, and experience of first year and transfer students at Illinois Wesleyan University. Invited to present research findings to Illinois Wesleyan University's Board of Trustees.
- Banks, K. H.** (December 2005). Conflict Resolution. Invited to give a talk to middle school and high school students and their parents as part of the Urban Leagues' Tomorrow's Scientists, Technicians and Mathematicians Enrichment Program, Bloomington, IL.
- Banks, K. H.** (September 2005). The Intersection of Mental Health, Racial Identity and Discrimination. Invited to give a talk to the Department of Psychology and wider campus community, Davidson College, Davidson, NC.
- Banks, K. H.** (February 2005). Discrimination, Racial Identity and Depressive Symptoms in

- African American College Students. Invited give a talk to the Department of Psychology at University of Kwazulu-Natal, South Africa.
- Banks, K. H.** (October 2004). Racial Identity and Bi-racial Children. Invited talk for a Bloomington-Normal community group for Bi-racial Moms, Bloomington, IL.
- Banks, K. H.** (October 2004). Micro-inequities and Everyday Discrimination in the Workplace. Invited lecture for seminar on Women in Business, Illinois Wesleyan University, Bloomington, IL.
- Banks, K. H.** (September 2004). Race and Psychotherapy. Invited lecture for seminar on Counseling and Psychotherapy, Illinois Wesleyan University, Bloomington, IL.
- Banks, K. H.** (September 2004). The Psychology of Race: An Examination of Racial Identity Development, Racial Discrimination and Well-Being. Invited talk for the Division of Natural Science Colloquia Series, Illinois Wesleyan University, Bloomington, IL.
- Kohn-Wood, L., **Banks, K. H.** & Ivey, A. (September 2003). Diversity and Understanding Distress. Invited talk for the Center for Research on Ethnicity, Culture and Health Predoctoral Seminar on Ethnicity, Culture and Health, University of Michigan, Ann Arbor, MI.

University Service

- MLK Day Teach In Panel Convener***, Illinois Wesleyan University, January 2010.
Convened a panel and provided opening remarks for panel of race and social justice.
- University Diversity Council***, Illinois Wesleyan University, Fall 2009-present.
Elected to serve a three-year term.
- Academic Appeals***, Illinois Wesleyan University, Fall 2008-present.
Elected to serve a two-year term.
- First Year Advisor***, Illinois Wesleyan University, Fall 2008-Spring 2009.
Advise and serve as resource for first year student.
- Honors Day Speaker***, Illinois Wesleyan University, Spring 2008
Addressed high achieving students who were admitted to the university along with President Wilson.
- Black Student Union Co-Advisor***, Illinois Wesleyan University, Spring 2005- Spring 2010.
Advise and support students regarding programming and present academic workshops.
- Spelman College Program for Exchange***, Exchange Coordinator, Illinois Wesleyan University, Spring 2005-present
Coordinate and oversee the program for student exchange, develop and implement selection criteria, and promote relationship for successful student exchanges.
- Psychology Club***, faculty advisor, Illinois Wesleyan University, Fall 2004-Spring 2007.
Advise and oversee group of students interested in psychology prior to or concurrent with joining Psi Chi.
- Convener***, Illinois Wesleyan University, Committee on Diversity, Fall 2005- Spring 2008.
Call meetings, keep minutes and facilitate communication with CUPP and Provost.
- Globalizing the IWU Campus Workshop Participant***, Illinois Wesleyan University, June 2008
Participated in a two-day workshop aimed at integrating internationalization into courses and campus practices.
- Technology in the Classroom Workshop Participant***, Illinois Wesleyan University, June 2007
Participated in a two-day workshop aimed at integrating technology into courses.
- Committee Member***, Illinois Wesleyan University, Committee on Student Life, Fall 2005-Spring 2007.
Attend meetings and solicit student input regarding relevant committee business.
- Fulbright Award***, Interviewer, Illinois Wesleyan University, October 2006

Interviewed potential candidates along with 3 other IWU faculty and compiled feedback for the national office.

First Year Advising Conference, presenter, Illinois Wesleyan University, August 2006

Presented data on student adjustment at the request of FYA director.

Titan Transitions, presenter, Illinois Wesleyan University, August 2006

Presented information on balancing enjoyment and privacy of web-based technology and implications it can have on future employment.

Sustainability Workshop Participant, Illinois Wesleyan University, June 2006

Participated in a two-day workshop aimed at integrating sustainability into courses and campus practices.

Mistress of Ceremonies, Illinois Wesleyan University, January 2006, Dr. Martin Luther King, Jr.

Teach-in

Provided opening and closing statements and facilitated flow of program.

Phi Beta Kappa Selection Committee, committee member, Illinois Wesleyan University, Spring 2005, 2006 and 2007

Aided in the selection of students for induction into Phi Beta Kappa.

Presenter, Illinois Wesleyan University, Spring 2005

Engaged with 70 high school sophomores visiting the campus from North Lawndale College Preparatory, Chicago, about the college experience.

African Studies Group, member, Illinois Wesleyan University, Fall 2004-Spring 2005.

Helped to plan for the development of African studies programming.

Eating Disorders Team, member, Illinois Wesleyan University, Fall 2004-Fall 2005.

Helped to develop campus protocol for students with eating issues.

Community/National/International Professional Service

Journal Ad Hoc Reviewer, *Community Mental Health Journal*, 2007- present.

Invited to review manuscripts submitted for publication.

Journal Ad Hoc Reviewer, *Journal of Social and Clinical Psychology*, 2006-present.

Invited to review manuscripts submitted for publication.

Co-Chair, *Racial Justice Summit Committee*, McLean County YWCA Centennial Celebration, 2007-2009.

Invited Reviewer, *National Academies of Sciences*, *Ford Foundation Pre-doctoral Fellowship*, 2005, Invited to review applications.

American Psychological Society Delegate to People to People Ambassadors Program, 2005,

Invited to be part of national delegation of psychologists aimed to exchange information with South African counterparts on issues of psychology, education and race relations.

Journal Ad Hoc Reviewer, *Journal of Personality Assessment*, 2003-2004.

Invited to review manuscripts submitted for publication.

Representative Mainstream Media Publications

Huffington Post: An analysis of race is popular discourse

http://www.huffingtonpost.com/kira-hudson-banks/no-throwing-babies_b_743152.html

Psychology Today: A reflection on the importance of diversity in leadership

<http://www.psychologytoday.com/blog/race-matters/201006/diversity-in-leadership>

St. Louis Beacon: A discussion of the relevance of ethnic studies

<http://www.stlbeacon.org/content/view/102387/74/>